



**Essex Bowls  
Coaches  
Association**

## Coaching Update: 17 Jan 25

Firstly on behalf of the EBCA I wish you all a healthy and prosperous 2025. We hope to see you participating in our coaching activities which we will organise throughout the year.

### **EBCA Open Meeting .**

As previously announced this year's meeting will again be at Falcon Bowling Club Chelmsford starting at 10am on Sunday 26 Jan.

In addition to our agenda which includes current information and future plans from EBCA board members we have arranged for two guest speakers, James Rippey, International bowler and Judy Plater Disability Bowls England to come along. We are sure the experiences of both will be well worth listening to and add to our coaching knowledge.

The meeting is open to all bowlers currently registered with either Coach Bowls or EBCS and any official or club member that wants to come along.

If you have anything you want discussing or ideas to put forward, please let me know and we will ensure they are covered on the day. We look forward to seeing you.

## **English Bowls Youth Development Scheme**

Following the Open Meeting we will be rehearsing the County Finals of the English Bowls Youth Development Scheme where we have a group of 8 to 18 year olds practicing four set challenges and playing against each other. The finals will be at Falcon the following Sunday, 2 Feb, with youngsters from several different clubs competing to represent the County at the national finals later in the year.

You are very welcome to attend either session.

## **Coach Bowls Continual Professional Development Days**

As many of you are aware we have previously run refresher days as part of our work to ensure all coaches maintain a good level of coaching expertise. We will be doing more later this year.

Coach Bowls have now also announced a series of development days which are open to all Coach Bowls coaches. Full details can be found at [www.coachbowls.org/courses/cpd-day-2/.EBCA](http://www.coachbowls.org/courses/cpd-day-2/.EBCA)

## **EBCS Courses**

We currently have a few vacancies on our level 2 course 29 & 30 Jan then 5 & 6 Feb. The course is at Falcon and cost a total of £50. Please let us know if you're interested.

Our level 1 course in March is full however due to interest we are looking to arrange an additional course in April. Details to follow.

A level 3 course will be arranged for May.

## **EBUA Introduction to Marking**

We have arranged for the EBUA to run a course at Falcon IBC on 12 Feb. If anyone is interested in attending please contact Mike Birch ( [mike.birch@hotmail.co.uk](mailto:mike.birch@hotmail.co.uk)) Cost is £15.

## **Back to Coaching**

We are organising a 'Back to Coaching ' day at Falcon IBC on 13 Feb. The purpose of this course is to prepare ourselves for the start of the outdoor season by sharing best practices and looking at current coaching methods. The course

Runs from 10am to 4pm Cost is £10

Thank You

Trevor Plank County Coach